



Crystal Safety Services  
*"Providing Clarity to Health & Safety"*

## Principles of COSHH

### Target Audience

This course is aimed at those who use substances hazardous to health at work and introduces students to the hazards associated with those substances, the risks and controls available and provides practical opportunities for students to develop an understanding of how to conduct a CoSHH assessment.

Successful completion will prepare students to look carefully at their own work activities and contribute to the safer use of hazardous substances in co-operation with their employer.

### Course Objectives

By the end of the session students should be able to:

- Identify hazardous substances and their potential health effects
- Understand the requirements for the completion of a COSHH assessment and the control measures to be adopted
- Understand the fundamental requirements of the Control of Substances Hazardous to Health Regulations 2005
- Select appropriate control measures relative to the hazard
- To be able to undertake a COSHH assessment

### Course Content

The course includes sessions on:

- What are hazardous substances?
- Enforcement authorities
- Health effects
- Identifying hazardous substances
- Legislation
  - COSHH Regulations 2005
  - MoHSW Regulations 1999
- Health & Safety at Work Act 1974
- COSHH Assessments
- Controlling hazardous substances
- Health Surveillance
- Course Assessment

### Duration

½ Day (3.5 hours)

### Certification:

A certificate of attendance is provided by Crystal Safety Services

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