



Crystal Safety Services
"Providing Clarity to Health & Safety"

Working at Height & Low Level Access

This course has been designed to give operatives and managers alike the required knowledge in the significant issues associated with working at height and information on the range and suitability of low level access equipment available on the market.

Course Objectives

On completion of the training, successful candidates should be able to:

- Understand the principle legislation on working at height
- Recognise the hazards when working at height
- Recognise the hazards associated with ladders and stepladders
- Consider the factors in organising and planning work at height
- Consider how to design out ladder usage
- Carry out a risk assessment for working at height
- Select and use the correct low level access equipment

Course Outline

The course includes sessions on:

- Legislative overview
- Work at Height regulations
- Organising & planning work at height
- Competence
- Risk Assessment
- Selection of Equipment
- Justifying the use of ladders and stepladders
- Inspection & Maintenance
- Practical use of low level access equipment

Duration

1 Day (5 – 6 hours)

Certification:

A certificate of attendance is provided by Crystal Safety Services